

ACTIVITY GUIDE



4-H EXPLORATION DAYS

JUNE 22-24, 2022

MICHIGAN STATE UNIVERSITY

CONTENTS/WELCOME

Contents

Schedule.....	1
Keynote	2
More Cool Things to See & Do at MSU During 4-H Exploration Days	3
Session A.....	7
Session B.....	8
Session C	9
MSU Campus Map.....	10
Use the 4-H Exploration Days App.....	12
Finding Your Session Location.....	13
Campus Buildings & Features We Use Map Index.....	14
Session D.....	15
General Information.....	16
Notes & Autographs.....	19
Emergency Procedures	21

Welcome

Welcome to 4-H Exploration Days 2022! We're glad you're here. Have fun and learn as much as you can during the event. When you return home, apply what you've learned and share it with others. Please enjoy your stay and all that 4-H has to offer.

SCHEDULE

See the shuttle bus schedule on the “Finding Your Session” page.

WEDNESDAY, JUNE 22

7–8:15 a.m.

Breakfast for Tuesday Early Arrivals,
Akers Hall Cafeteria

8–11 a.m.

Check-In

10:15 a.m.–Noon

Half-Hour County Meetings (*see signs on housing floors for county time & location*)

11:15 a.m.–1:30 p.m.

Lunch, *Akers Hall Cafeteria*

2–4 p.m.

Kick Off Event—Keynote Speaker,
Welcome & State Awards Presentation,
Wharton Center

4:45–5 p.m.

Youth-Chaperone Meetings *on assigned floors (chaperones may adjust time slightly)*

5–6:30 p.m.

Dinner, *Akers Hall Cafeteria*

7–8:30 p.m.

Team Unity Activity, *various locations (see signs in Holmes Hall and on YAPP app)*

8:30–10 p.m.

Other Evening Activities

10:15–11 p.m.

Youth-Chaperone Meetings *on assigned floors (chaperones may adjust time slightly)*

11:15 p.m.

Participants in Assigned Rooms

Midnight

Quiet in Residence Halls

THURSDAY, JUNE 23

7–8:15 a.m.

Breakfast, *Akers Hall Cafeteria*

8:30–11:30 a.m.

A Sessions

8:30–11:30 a.m.

C Sessions

11:30 a.m.–1:30 p.m.

Lunch, *Akers Hall Cafeteria*

1:30–4:30 p.m.

B Sessions

1:30–4:30 p.m.

C Sessions

5–6:30 p.m.

Dinner, *Akers Hall Cafeteria*

6:30–7 p.m.

Youth-Chaperone Meetings (*counties may set meeting format & adjust time slightly*)

7–10 p.m.

Dance & Other Evening Activities

10:15–11 p.m.

Youth-Chaperone Meetings *on assigned floors (chaperones may adjust time slightly)*

11:15 p.m.

Participants in Assigned Rooms

Midnight

Quiet in Residence Halls

FRIDAY, JUNE 24

6:30–8:15 a.m.

Check-Out

7–8:15 a.m.

Breakfast, *Akers Hall Cafeteria*

8:30–11 a.m.

D Sessions

11 a.m.–1:30 p.m.

Check-Out

11:15 a.m.–1 p.m.

Lunch, *Akers Hall Cafeteria*

2 p.m.

Residence Halls Locked

KEYNOTE

Tanner Olson

Wednesday, 2–4 p.m.

Wharton Center for Performing Arts

Tanner Olson is an author, poet, podcaster, and speaker living in Nashville, Tennessee, with his wife, Sarah, and their dog, Pancake. Tanner started writing in 2013 and began sharing his work under the name Written to Speak (@writtentospeak). His mission in writing is to spread hope and announce love through the written and spoken word.

Tanner has traveled across the country performing poetry, delivering messages, and sharing entertaining stories that leave audiences feeling more hopeful. He is the author of *I'm All Over the Place: A Book of Poems + Prayers + Wonderings*; *As You Go: Words for the Unknown*; *Walk a Little Slower: A Collection of Poems and Other Words*; and *Continue: Poems and Prayers of Hope*.

Tanner Olson will share a message about kindness, trust, words, and courage through telling personal stories, asking questions, and sharing poetry. To find out more, check out Tanner's website at writtentospeak.com.

Name badge required.



MORE COOL THINGS TO SEE & DO AT MSU DURING 4-H EXPLORATION DAYS

Visit MSU attractions, dance, play volleyball, and more! A few of the many opportunities to explore the MSU campus outside of your scheduled 4-H Exploration Days sessions follow.



You must wear your name badge for these activities!

Buy 4-H Exploration Days T-Shirts

Wed.–Fri.

**4-H Exploration Days Headquarters,
West Holmes Hall Lounge**

All participants will receive an event T-shirt at check-in as part of the registration package. Past years' shirts will be available while supplies last.

\$3 each

Dairy Store

Wed.–Thu. Store Hours: Visit

www.msudairystore.com or consult the 4-H Exploration Days Yapp app for current hours.

1140 Anthony Hall

Stop by the Dairy Store for delicious ice cream made just for you! 4-H Exploration Days participant discount: Double scoop (regularly \$5) for the price of a single scoop (\$4).

D.J. Dance

Thu.: 7–10 p.m.

IM Sports East

Sound by “Tunes by T”

Free

Exploring Watercolors

Thu.: 8–9 p.m.

Hubbard Hall, 132

Ever wanted the chance to dabble in the world of watercolor painting? Now you can use a template or create your own art. Come relax and explore color

combinations and techniques in the world of watercolor painting.

Free, limit 20 people

Finger/Arm Knitting

Thu.: 8–9 p.m.

Hubbard Hall, G-29

Want to get your hands into the world of knitting? Join us for a unique knitting technique in which you will use your fingers and arms as knitting needles! Come create something—literally—with your own two hands! Yarn will be provided or you can bring your own yarn and pattern.

Free

4-H Exploration Days 2022 GooseChase Challenge

Opens June 17 at 10 a.m., closes June 23 at 11 p.m.

Prizes! Fun! Adventures! Play the free GooseChase Scavenger Hunt. Complete missions related to MSU, Michigan 4-H, and 4-H Exploration Days. Energize your money smart skills by completing bonus missions focusing on money-related topics. Use your phone to win prizes and compete against friends! Share photos, explore MSU, and complete the challenges before time runs out. Download the GooseChase app and use game code **1GQWBV** to join the game. Open to all 4-H Exploration Days youth participants.

Free

4-H Money Carnival

Wed.: 8:30–10 p.m. & Thu.: 7–10 p.m.
Holmes Hall, C102

Join us for traditional carnival games with a financial focus twist! Test your money smarts and learn about basic finance while you play a series of games!

Free

Game Room

Wed.: 8:30–10 p.m. & Thu.: 7–10 p.m.
McDonel Hall, B42

Want a chill space to hang with friends new and old and play board games and card games? You've found your place! Join us in the game room for a night full of fun games. Plenty of games will be provided, so you won't be "board" one bit!

Free

Gardens (Explore on your own)

Wed.: 8:30–9:15 p.m. & Thu.: 7–9:15 p.m.

W. J. Beal Botanical Garden

(be on the last shuttle bus by 9:30 p.m. both days)

MSU Horticulture Gardens

(home of the Michigan 4-H Children's Garden)

Free

Helping With Rainbow Hands Hangout Zone

Wed.: 8:30–9:30 p.m.

Holmes Hall, C103

Helping With Rainbow Hands is a statewide 4-H leadership group that was started by 4-H members in 2021 to support LGBTQIA+ youth and allies in Michigan 4-H. Stop by our hangout zone to meet the leadership team, make new friends, play games, and learn about how you can get involved with Helping With Rainbow Hands activities and projects!

Free

Michigan 4-H Children's Garden

Wed.: 8:30–10 p.m. & Thu.: 7–10 p.m.

(Guided tour Thu. 7–8 p.m., arrive at garden entrance by 6:50 p.m.)

The Michigan 4-H Children's Garden is part of the MSU Horticulture Gardens. Kids and adults of all ages, from all around the world, have enjoyed the range of things to see and do in the many themed gardens at the Michigan 4-H Children's Garden.

Free

MINDFUL MINUTES ROOM

Open before & after sessions & during free time on Wed. & Thu. until 8 p.m.

Holmes Hall, Bamboo Rm. C-113C (inside Sparty Café)

If the excitement of 4-H Exploration Days starts to feel like it's a bit too much, visit the Mindful Minutes Room to ground yourself and relax. Take part in mindful opportunities such as meditation, yoga, journaling, and coloring, or just be quiet while collecting your thoughts. This room is not a session or an alternative to a session but a place to help you decompress and reset before the next activity. A staff member will distribute supplies and instructions.

Miniature Golf

**Ongoing, not available during sessions, Keynote, or Team Unity activity
In front of East Holmes Hall**

Can't get to the course? Join us for nine holes of miniature golf, right in front of your residence hall! Pick up and return clubs and golf balls at 4-H Exploration Days Headquarters in the West Holmes Hall Lounge.

Free

Movie Night—*Sonic the Hedgehog*

Thu.: 8:30–10:30 p.m.

Holmes Hall, C106

Join us for popcorn and a showing of *Sonic the Hedgehog* (2020 version). After discovering a fast blue hedgehog named Sonic, a small-town police officer must help Sonic defeat an evil genius who wants to experiment on him.

Free

Multicultural Business Programs

Thu.: 7–8 p.m.

Meet outside West Holmes Hall & walk to Broad Business College Complex

An academic and professional career in business can set you up for a lifetime of success. Multicultural Business Programs at MSU's Broad College of Business will help guide you on that path to success. Take a tour to learn what we can offer you in terms of academic and peer support, programs, and initiatives to ensure your success as a future business leader. We want *you* to be a part of our vision to build a legacy of diverse, distinguished, successful business leaders who positively influence the world!

Free

Orienteering—A Nature Walk With a Twist

Wed.: 8:30–9:30 p.m. & Thu.: 7–8 p.m.

Meet outside East Holmes Hall (look for instructor with sign)

Come join us for a nature walk with a twist! As we walk in the woods, you'll learn to use a topographic map and compass to navigate across landforms and other topographic features to find a series of checkpoints that will introduce you to a new feature, tree, or plant!

Free

Planetarium Shows

Abrams Planetarium

Bad Astronomy

Wed.: 12:45–1:45 p.m. (Arrive by 12:30 p.m.)

Were the Apollo visits to the Moon a hoax? Have aliens landed on Earth? Can you tell your future by the stars? Prepare to debunk and tackle pseudoscience head-on with this planetarium show. Based on the popular book and website of the same name, *Bad Astronomy* offers a unique and fun approach to learning about the cosmos. Join “Bad Astronomer” Phil Plait as he takes a critical look at popular myths and misconceptions to show you how you can use science to evaluate questionable claims.

Free

From Earth to the Universe

Thu.: 7–8 p.m. (Arrive by 6:45 p.m.)

Follow along as we leave our home to take you out to the colorful birthplaces and burial grounds of stars, and still further out, beyond the Milky Way, to the unimaginable immensity of myriad galaxies. Along the way, you will learn about the history of astronomy, the invention of the telescope, and today's giant telescopes that allow us to probe ever deeper into the universe.

Free

Recycled T-Shirt Bags

Wed.: 8:30–10 p.m. & Thu.: 7–10 p.m.

Hubbard Hall, G-30

Ever wonder what to do with your old T-shirts? Want to find a way to repurpose them? Recycle them into a brand new T-shirt bag! Bring your friends and your creative side to recycle old T-shirts into a T-shirt bag to carry your 4-H Exploration Days swag home in! T-shirts will be provided.

Free

Souvenir Shopping

Spartan Bookstore, 1 International Center

Wed.-Thu.: 9 a.m.–6 p.m.

Spartan Spirit Shop, MSU Union

Wed.-Thu.: 9 a.m.–7 p.m.

Visit one of these on-campus locations or SpartanSpiritShop.msu.edu to receive 25% off regular-priced T-shirts. Use code **4H25** at checkout to receive your discount. Offer expires June 26, 2022. Some exclusions apply. See attendant for details.

Sparty Store

Wed.-Thu.: 7 a.m.–11 p.m.

Fri. 7 a.m.–1 p.m.

Holmes Hall Cafeteria Space

Get snacks, goodies, and other helpful items at the Sparty Store located upstairs in the cafeteria space of Holmes Hall.

Sports Equipment

Wed. & Thu.

**4-H Exploration Days Headquarters,
West Holmes Hall Lounge**

Check out this sports equipment with your name badge:

- Basketballs
- Footballs
- Frisbee flying discs
- Soccer balls
- Volleyballs (nets are set up outside Holmes, Akers, and Hubbard halls)

Free

Sports Facilities—Indoors

Wed.: 1-6 p.m. & 8:30–10 p.m.

Thu.: 4:30–10 p.m.

IM Sports East—Open Recreation

- Racquetball
- Table tennis
- Basketball courts

Check out equipment from the service counter. You must show your name badge and room key for identification.

Free

Sports Facilities—Outdoors

Wed.: 1-6 p.m. & 8:30–10 p.m.

Thu.: 4:30–10 p.m.

IM East Field

- Sand volleyball courts
- Basketball courts
- Softball field

Check out equipment from 4-H Exploration Days Headquarters in the West Holmes Hall Lounge.

Free

Trivia Challenge

Wed.: 8:30–10 p.m.

Holmes Hall, C106 Auditorium

Come join us for a few rounds of general trivia! Demonstrate your knowledge on a range of topics in this fun quiz game!

Free

Uno Tournament

Wed.: 8:30–10 p.m.

Holmes Hall, C104

Are you the best Uno card player in Michigan 4-H history? Come find out at the first 4-H Exploration Days Uno Tournament! Bring your friends and your best Uno skills to play 4-H'ers from across the state in an intense Uno battle. See if you can make it to the finals!

Free

Yard Games

Wed.: 1-6 p.m. & Thu.: 4:30–9:30 p.m.

In front of West Holmes Hall

Looking for fun between sessions or meals? Want to play some games in the sunshine? Join us for yard games like cornhole, giant dice games, croquet, bocce ball, and tumbling timber towers.

Free



Join the 4-H Exploration Days Scheme Team!

Want to serve on the 4-H Exploration Days planning committee? Sign up by scanning this QR code and giving us your contact information.

SESSION A

Meets Thursday, June 23, 8:30–11:30 a.m.

(**Note:** An asterisk after a session title means another edition of the session is also held during another time block.)

A-1 American Sign Language for Beginners*

Holmes Hall, Rm. C103

A-2 Archers to the Line!*

Field trip (MSU Demmer Center)

A-3 Be an Ag Ambassador—Connect With Consumers*

Hubbard Hall, Rm. G-28

A-4 Beginning Rabbit Raising

Plant & Soil Sciences, Rm. B-113

A-5 Colorful Canvas: Acrylic Painting 101

Plant & Soil Sciences, Rm. A-158

A-7 Dairy Cattle Digestion*

Field Trip (MSU Dairy Farm)

A-9 Electronic Music Production: Yesterday & Today

McDonel Hall, Kiva, Rm. C107

A-10 Equine Skeleton 101*

McDonel Hall, Rm. 2

A-11 Everyone Can Code*

Farrall Agricultural Engineering, Rm. 106

A-12 Exploring Horticulture at MSU

Plant & Soil Sciences, Rm. B-102

A-13 Good Vibes Only: Mindfulness, Self-Care & Harmony*

McDonel Hall, Rm. B42

A-14 Grass to Gas!*

Food Safety & Toxicology, Rm. 162

A-15 Hay Is for Horses! And Grain, Too!

Field Trip (MSU Pavilion, Classroom B)

A-16 Horns Be Gone

Field Trip (MSU Dairy Farm)

A-17 Horse Tack & More!*

Holmes Hall, Rm. C104

A-19 In-Line Skating

Holmes Hall, C102

A-20 Intro to Junk Drawer Robotics: Build a Catapult*

Plant & Soil Sciences, Rm. A-186

A-21 Introduction to Meat Evaluation*

Anthony Hall, Rm. 1320

A-22 It's All Fun & Games: Making Your Meetings Fun & Inclusive!*

Anthony Hall, Rm. 1222

A-23 Lights! Camera! Action!*

Communication Arts & Sciences, Rm. 134, Studio E

A-25 No Kidding! Goats 101*

Field Trip (MSU Pavilion, Classroom C)

A-26 Nothing Up My Sleeve! Magic & Illusions

Plant & Soil Sciences, Rm. A-159

A-28 Ready! Set! Pull!*

Field Trip (Michigan Trap Association, Mason)

A-30 Run for Your Life*

Wells Hall, Rm. A118; rain backup: IM Sports East, Indoor Track

A-31 Spa Science

Hubbard Hall, Rm. 133

A-32 Spartan Dollars & Cents: A Budgeting Challenge

Hubbard Hall, Rm. G-31

A-33 There's Been a Murder!

Plant & Soil Sciences, Rm. A-182

A-35 Tree-mendous Care

Landscape Services Break Room (look for signs at building entrance)

A-36 T-Shirt Cloning

Plant & Soil Sciences, Rm. B-109

A-37 Uke for Fun!*

McDonel Hall, Rm. 38

A-38 Vinyl Cut Creations*

Hubbard Hall, Rm. G-32

A-40 Introduction to Raising a Future Leader Dog

Field Trip (MSU Pavilion, Classroom A)

SESSION B

Meets Thursday, June 23, 1:30–4:30 p.m.

(**Note:** An asterisk after a session title means another edition of the session is also held during another time block.)

B-2 Archers to the Line!*

Field Trip (MSU Demmer Center)

B-3 Beat the Clock: 4-H Escape Room

Holmes Hall, Rm. C101

B-4 Beat the Competition: 4-H Livestock Marketing

Field Trip (MSU Beef Barn)

B-7 Dairy Field Rep in Training*

Field Trip (MSU Dairy Farm)

B-8 Don't Bite Off More Than You Can Chew!

MSU Union, Venture Kitchen

B-9 Engineering—Creating 4 the Future!

Engineering, Rm. 1345

B-11 Everyone Can Code*

Farrall Agricultural Engineering, Rm. 106

B-12 Fitness Movements

IM Sports East, Multipurpose Rms. A & B

B-13 Food Plants of the World*

W. J. Beal Botanical Garden (meet at the shed by the pond); rain backup: Main Library, Beal Instruction Room (3rd floor)

B-14 From Calf to Cow

Field Trip (MSU Beef Barn)

B-15 Frontiers in Swine Production

Field Trip (MSU Pavilion, Classroom D)

B-16 Fused Glass Creations

Plant & Soil Sciences, Rm. A-182

B-17 Head to Tail Dog Grooming & Training

Field Trip (MSU Pavilion, Classroom A)

B-18 Houseplants—Fun & Profitable!

Plant & Soil Sciences, Rm. B-109

B-20 Intro to Junk Drawer Robotics: Build a Catapult*

Plant & Soil Sciences, Rm. B-186

B-21 Introduction to Meat Evaluation*

Anthony Hall, Rm. 1320

B-22 Lights! Camera! Action!*

Communication Arts & Sciences,
Rm. 134, Studio E

B-23 No Kidding! Goats 101*

Field Trip (MSU Pavilion,
Classroom C)

B-24 Orienteering

Field Trip (MSU Demmer Center)

B-25 Photoshop Basics

Anthony Hall, Rm. 1210

B-26 Public Speaking for Future Rock Stars*

McDonel Hall, Rm. 2

B-27 Rabbit Showmanship Success*

Plant & Soil Sciences, Rm. B-113

B-28 Ready! Set! Pull!*

Field Trip (Michigan Trap
Association, Mason)

B-29 Run for Your Life*

Wells Hall, Rm. A118; rain backup: IM
Sports East, Indoor Track

B-30 Scholarship You Want? Apply You Must!

Holmes Hall, Rm. C102

B-31 Shorts Cloning

Hubbard Hall, Rm. G-31

B-32 Soap Making for Beginners

Holmes Hall, Rm. C104

B-33 Spark Your Business Idea With Business Model Canvas

Field Trip (The Hatch, 325 E. Grand
River Ave.)

B-34 Stop Motion Animation Challenge

Hubbard Hall, Rm. G-28

B-35 Storytelling Through Photography

Plant & Soil Sciences, Rm. A-158

B-36 Super Collision of Atomic Nuclei

Cyclotron lobby (Enter curved glass
lobby in NW corner of building from
S. Shaw Lane, next to Chemistry
building)

B-38 Uke for Fun!*

McDonel Hall, Rm. 38

B-39 Vinyl Cut Creations*

Hubbard Hall, Rm. G-32

B-40 What's All the Buzz About?

Plant & Soil Sciences, Rm. A-159

B-41 Word Therapy

Hubbard Hall, Rm. 133

SESSION C

**Meets Thursday, June 23, 8:30–
11:30 a.m. & 1:30–4:30 p.m.**

C-3 Careers Caring for Kids

Holmes Hall, Rm. C106

C-5 Disc Golf

Hubbard Hall, Rm. 129

C-6 Dragonborn & Dumplings: Cooking & Spicecraft of the Elder Scrolls

Owen Graduate Hall, Community
Kitchen

C-7 Fairy Gardens

Plant & Soil Sciences, Rm. A-166

C-9 Horses Helping Humans

Field Trip (MSU Horse Teaching
& Research Center)

C-10 Lions, Tigers & Bears, Oh My!

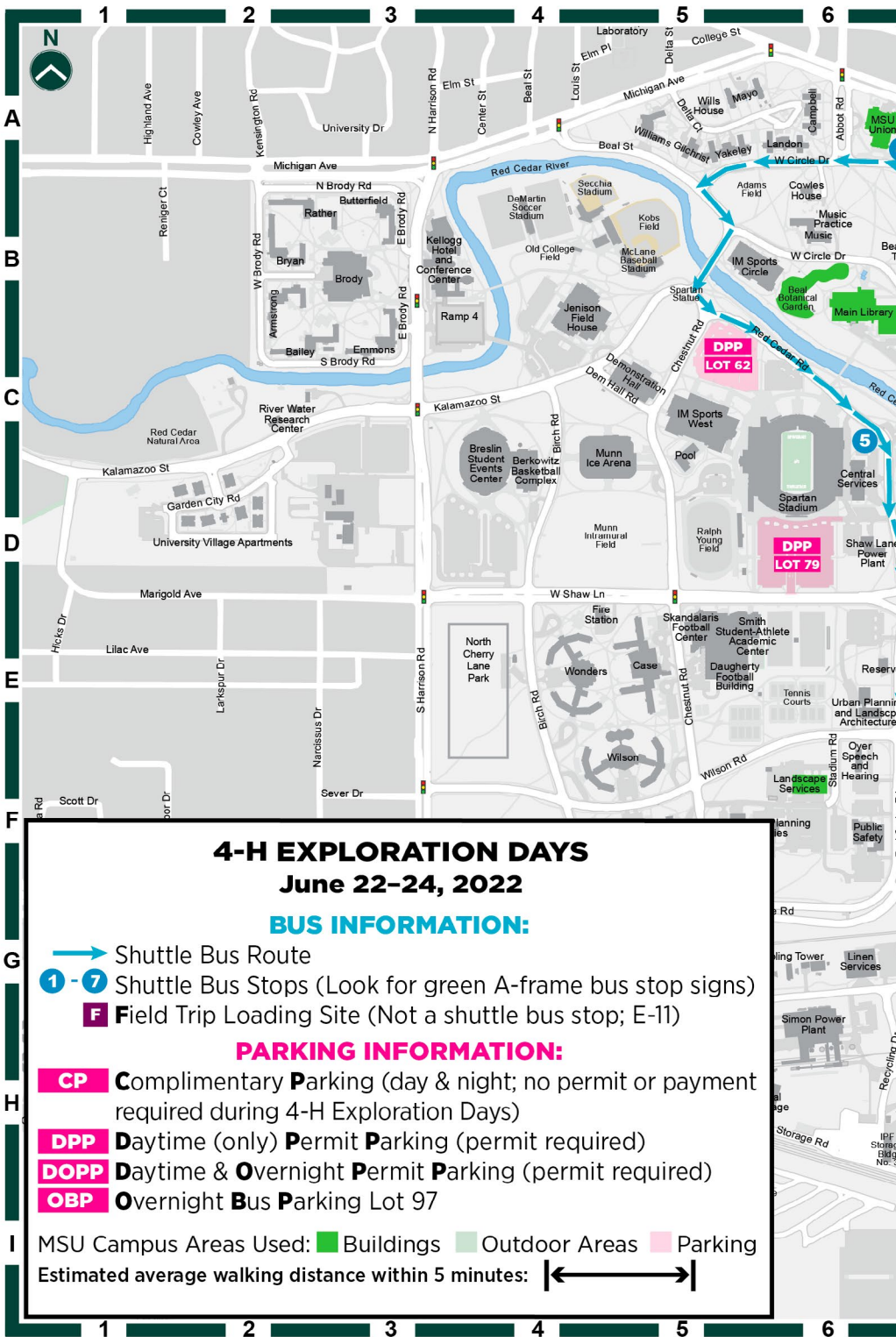
Field Trip (Potter Park Zoo)

C-13 Pellet Rifle Target Shooting Fundamentals

Field Trip (MSU Demmer Center)

C-18 Working With the K-9 Search & Rescue Dogs

Field Trip (MSU Pavilion, South
Barn)



4-H EXPLORATION DAYS

June 22-24, 2022

BUS INFORMATION:

- Shuttle Bus Route
- 1 - 7 Shuttle Bus Stops (Look for green A-frame bus stop signs)
- F Field Trip Loading Site (Not a shuttle bus stop; E-11)

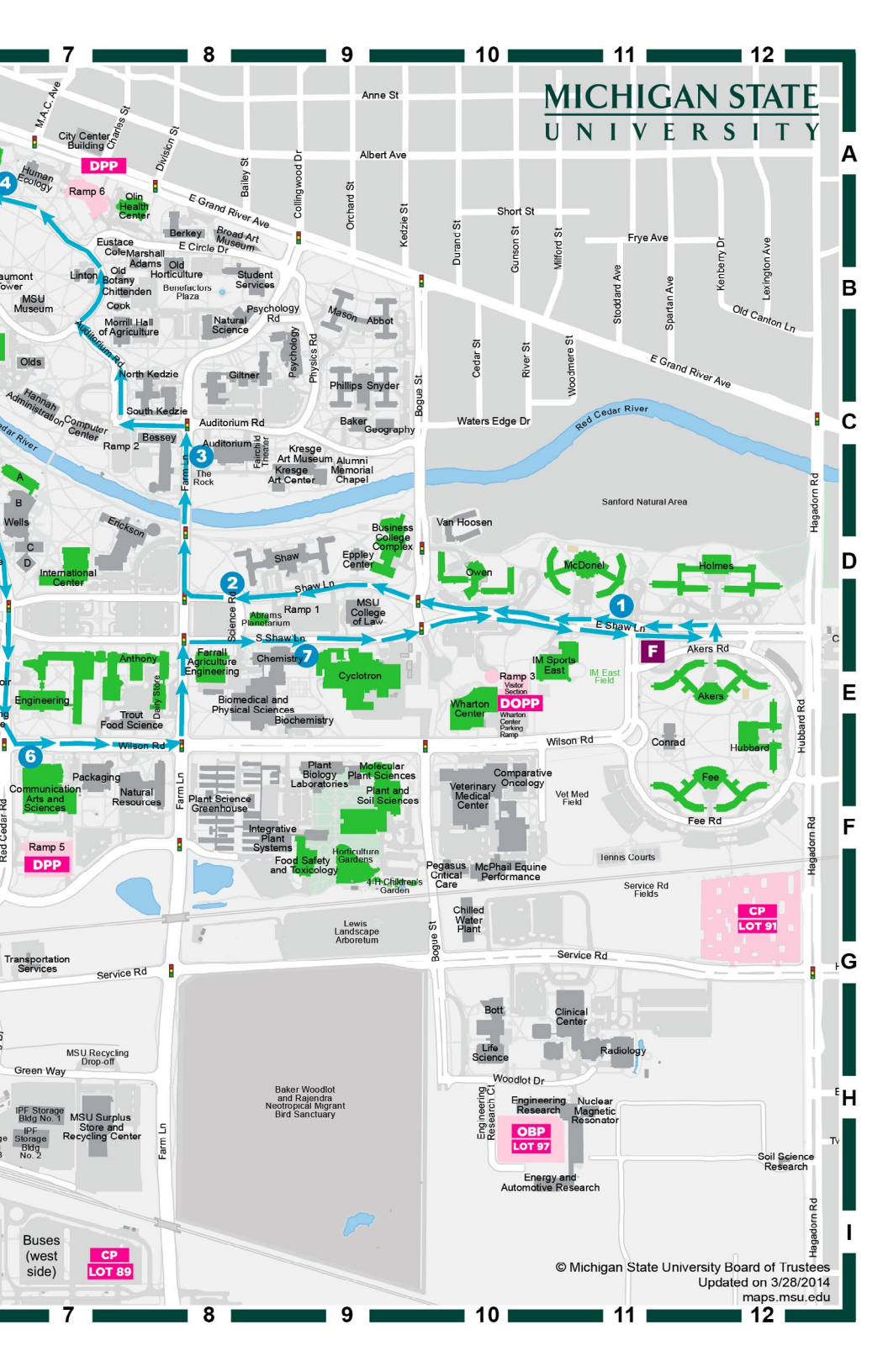
PARKING INFORMATION:

- CP** Complimentary **P**arking (day & night; no permit or payment required during 4-H Exploration Days)
- DPP** Daytime (only) **P**ermit **P**arking (permit required)
- DOPP** Daytime & **O**vernight **P**ermit **P**arking (permit required)
- OBP** Overnight **B**us **P**arking Lot 97

MSU Campus Areas Used: Buildings Outdoor Areas Parking

Estimated average walking distance within 5 minutes:

MICHIGAN STATE UNIVERSITY



USE THE 4-H EXPLORATION DAYS APP



If you have an internet-connected mobile device, you can replace your printed 2022 4-H Exploration Days Activity Guide with the event app. The app works on Android and iOS devices.

1. Visit <https://my.yapp.us/4HEXPO> in your favorite browser on your phone and follow the instructions on the page, or scan the QR code that follows with your phone's camera to open the link directly.



2. You'll be asked to install Yapp from the app store (if you don't have it already).
3. Open Yapp and tap "Download an existing Yapp" and the "MI 4-H Expo Days 2022" Yapp will appear.

You can also view most of the app's content from a web browser by clicking on the event graphic in the app's web page.

Finding Your Session Location

Using the Map and Index—The centerfold map and the “Campus Buildings and Features We Use Map Index” will help you get around. The map edges have lines of letters (left and right) and numbers (top and bottom) that create the index coordinates. For example, the index shows that Spartan Stadium is near D-6 on the map. Find the letter D’s on the map’s sides, then the number 6’s on its top and bottom. Draw an imaginary line between the two letters and another one between the two numbers. You’ll find Spartan Stadium near where those imaginary lines cross on the map.

Use the interactive MSU map at <http://maps.msu.edu/interactive> to navigate with a smartphone. For example, type “Holmes Hall” into the search box and that building will be highlighted on the map and its address given. You can then use the map’s wayfinding feature to guide you.

Field Trip Buses—If your session is going on a field trip, look for the field trip bus loading site on your map. It’s near **D-11** and marked with an **F** in a box. All field trips will leave from this location at the scheduled session starting time.

Arrive at the field trip bus loading area 15 to 20 minutes before your session’s scheduled departure time, because once your bus leaves, there’s no other way for you to get to your session.

Shuttle Buses—Please plan to walk to activities as much as possible. Limited shuttle bus service is provided by MSU buses labeled with bright green “4-H” signs. The centerfold map shows the shuttle route. Shuttle buses stop at the places marked on the map with circled numbers. These are the only places where you can get on and off shuttle buses.

Remember: Look for bus designations and window signs that refer to 4-H, and only board 4-H buses.

Shuttle Bus Hours

Wednesday:

4 p.m. to 9:30 p.m.

Thursday:

7:45 a.m. to 9 a.m.

11 a.m. to 1:45 p.m.

4 p.m. to 9:30 p.m.

Friday:

7:45 a.m. to 9 a.m.

10:45 a.m. to noon

Campus Buildings & Features We Use Map Index

Use this index to find your destinations on the centerfold map. (See the “Finding Your Session” section for directions on using the map and index to navigate campus.)

- E-8** Abrams Planetarium
- E-11** Akers Hall
- E-7** Anthony Hall
- C-6** (W. J.) Beal Botanical Garden
- D-9** (Broad) Business College Complex
- F-7** Communication Arts & Sciences
- E-9** Cyclotron (National Superconducting Cyclotron Laboratory)
- E-7** Dairy Store (Anthony Hall)
- E-7** Engineering
- E-8** Farrall Agricultural Engineering
- F-11** Fee Hall
- E-11** Field Trip Loading Site
- F-8** Food Safety & Toxicology
- D-11** Holmes Hall
- G-9** Horticulture Gardens (Michigan 4-H Children’s Garden)
- F-12** Hubbard Hall
- E-10** IM East Field
- E-10** IM Sports East
- D-7** International Center (Spartan Bookstore)
- F-6** Landscape Services
- C-6** Main Library
- D-10** McDonel Hall
- F-9** Michigan 4-H Children’s Garden
- A-6** MSU Union
- E-9** National Superconducting Cyclotron Laboratory & Facility for Rare Isotope Beams
- A-7** Olin Health Center
- D-10** Owen Graduate Hall
- E-8** Planetarium (Abrams)
- F-9** Plant & Soil Sciences
- D-7** Spartan Bookstore (International Center)
- A-6** Union Building
- D-6** Wells Hall
- E-10** Wharton Center for Performing Arts

Support Michigan 4-H with a donation to the Michigan 4-H Foundation!

Donate now online or print the form to mail in your gift at www.mi4hfdtn.org!

What your donation does:

- Supports 4-H learning experiences, workshops, and training.
- Supports your local 4-H program if that is where you designate your gift.
- Supports the continued viability of 4-H in Michigan.

Whatever your 4-H passion, your gift can help 4-H GROW!

MICS 2751



SESSION D

Meets Friday, June 24, 8:30–11 a.m.

(**Note:** An asterisk after a session title means another edition of the session is also held during another time block.)

D-1 100% Cacao

Plant & Soil Sciences, Rm. B-109

D-2 4-H Chopped Challenge

McDonel Community Kitchen, 45A

D-4 Advanced Junk Drawer Robotics

Plant & Soil Sciences, Rm. A-159

D-5 Advanced Livestock Judging

Field Trip (MSU Pavilion,
Classroom C)

**D-6 American Sign Language for
Beginners***

Holmes Hall, Rm. C103

D-7 Apprenticeships 101

Holmes Hall, Rm. C101

**D-8 Artwork Is Work—Turning Your
Passion Into Profits**

Hubbard Hall, Rm. 129

**D-9 Basketball's Greatest Ever . . . ?
Cap or Fact?**

Holmes Hall, Rm. C102

D-11 Be Yourself & Be a Leader!

Hubbard Hall, Rm. 132

D-14 Crazy for Crepes!

Owen Graduate Hall, Community
Kitchen

D-16 Exploring Health Careers

Field Trip (Radiology, Rm. 110)

D-17 Exploring Osteopathic Medicine

Fee Hall East, Rm. E105

**D-19 Finding the Sparkle in Every
Moment**

Hubbard Hall, Rm. G-32

D-20 Food Plants of the World*

W. J. Beal Botanical Garden
(meet at the shed by the pond);
rain backup: Main Library, Beal
Instruction Room (3rd floor)

D-22 Gene-ius Genetics

McDonel Hall, Kiva, Rm. C107

**D-23 Good Vibes Only: Mindfulness,
Self-Care & Harmony***

McDonel Hall, Rm. B42

D-25 Horse First Aid & Injury Care

Holmes Hall, Rm. 106

D-26 Horse Tack & More!*

Holmes Hall, Rm. C104

D-28 Intro to Livestock Judging

Field Trip (MSU Pavilion,
Classroom D)

D-29 Introduction to Pellet Rifle

Field Trip (MSU Demmer Center)

**D-30 It's All Fun & Games: Making
Your Meetings Fun & Inclusive!***

Anthony Hall, Rm. 1222

**D-31 Keep Calm & Teach Ag (in the
Classroom)**

McDonel Hall, Rm. 2

**D-33 Let's Get Cooking: Sustainable
Food at MSU**

Field Trip (Brody Hall, Rm. 175)

D-34 Mindfulness for the Mind & Body

Hubbard Hall, Rm. G-28

D-36 Olympic-Style Weightlifting

IM Sports East, East Gym

D-37 Plant Cuttings & Seed Starting

Plant & Soil Sciences, Rm. A-166

**D-38 Popular Pickleball: Learn the
Basics**

IM Sports East, Rear Gym

D-40 Rabbit Showmanship Success*

Plant & Soil Sciences, Rm. B-113

D-41 Ready! Set! Pull!*

Field Trip (Michigan Trap Association, Mason)

D-42 Reality Farm

Hubbard Hall, Rm. 133

D-43 Run for Your Life*

Wells Hall, Rm. A118; rain backup: IM Sports East, Indoor Track

D-44 Sashiko—Traditional Japanese Embroidery

Plant & Soil Sciences, Rm. A-158

D-48 There's Been a Murder!*

Plant & Soil Sciences, Rm. A-182

D-49 Time to Fly!

Field Trip (MSU Pavilion, Classroom B)

D-51 Uke for Fun!*

McDonel Hall, Rm. 38

D-54 Who Will? Worms Will!*

Field Trip (MSU Surplus & Recycling Center, Rm. 160A)

D-55 Your Design Here!

Hubbard Hall, Rm. G-31

D-56 Introduction to Raising a Future Leader Dog

Field Trip (MSU Pavilion, Classroom A)

GENERAL INFORMATION

PLEASE READ CAREFULLY

1. Staying in a Residence Hall—When you check in at Holmes Hall, you'll receive a room key and a conference card that serves as your meal card and lets you enter your housing floor stairwell and elevators. Linens will be in your room. Blankets are available in your closet or on request. Lock your room each time you leave and keep your key and conference card with you at all times.

2. Youth—Chaperone Assignments & Whereabouts Schedules—All youth participants must be assigned to a specific adult chaperone. You must attend all sessions for which you are registered, and your attendance will be monitored. During free time, youth participants and the assigned adult chaperone need to keep each other informed of where they will be, when, and with whom. All assigned chaperones will create a system to ensure all parties know where

everyone is. (The system could be using "whereabouts schedules," group texting, or another method.)

3. Youth/Chaperone Meetings—In addition to the county meeting you'll have shortly after arriving at 4-H Exploration Days, you'll have four youth-chaperone meetings throughout the event. These mandatory meetings will give you a chance to check in with your chaperone after sessions, before and after evening activities, and before bedtime. While counties may adjust the times of the meetings slightly, the official times are:

- Wednesday: 4:45–5 p.m. & 10:15–11 p.m.
- Thursday: 6:30–7 p.m. & 10:15–11 p.m.

4. Hosts—Session and activity hosts will provide extra support and assistance as needed. You can identify the hosts by their green 4-H vests.

5. Name Badges—You must wear your lanyard and name badge at all times during the conference.

Your name badge will admit you to campus activities and identify you as a participant in 4-H Exploration Days.

6. Bed Check—Your lead chaperone will do a bed check each night. You must be in your assigned room no later than 11:15 p.m. and must sleep in your assigned room. Under no circumstances may you move without first obtaining permission from your lead chaperone or county staff member. Keep the blinds closed when the lights are on in your room during the evening.

7. 4-H Exploration Days Information

Center—The 4-H Exploration Days Information Center in E-179A Holmes Hall (phone 517-353-7773) is open from 7 a.m. to midnight. The Information Center has a lost-and-found station.

8. Headquarters—4-H Exploration Days Headquarters is in the West Holmes Hall Lounge (phone 517-432-2635). Headquarters is staffed from 7 a.m. to midnight on Wednesday and Thursday and from 7 a.m. to 2:30 p.m. on Friday. If you need help during the night, contact the West Holmes desk receptionist (phone 517-353-6360), who will connect you with the 4-H Exploration Days leadership team.

9. Nurse's Station—A Nurse's Station is in apartment E-192A Holmes Hall (phone 517-432-7700). The Nurse's Station is staffed from 10:30 a.m. on Wednesday until 1:30 p.m. on Friday. If you get sick or hurt, tell your lead chaperone and county staff, then report to the nurse. If you need more care you will be taken to:

- **MSU Olin Health Center**—for those aged 14 and up only (8 a.m. to 5 p.m.).
- **Area medical facility**—The nurse, 4-H Exploration Days Information

Center, and 4-H Exploration Days Headquarters in the West Holmes Hall Lounge have contact information and maps.

Victims of life-threatening situations will be taken directly to Sparrow Hospital in Lansing. Phone 911 for an ambulance, then notify your county 4-H staff, lead chaperone, or assigned chaperone, and 4-H Exploration Days Headquarters in the West Holmes Hall Lounge at 517-432-2635. Emergency transportation is always available from 4-H Exploration Days Headquarters.

You or your parents or guardian will be billed for the cost of hospital treatment.

10. Dining Hall—Everyone will eat in the Akers dining hall. Please enter the dining hall from the West Akers side. The dining hall is accessible to people with disabilities.

11. Sparty Convenience Store—The convenience store in the Holmes Hall cafeteria area will be open from 7 a.m. to 10 p.m. on Wednesday and Thursday and from 7 a.m. to 1 p.m. on Friday. The store sells magazines, toothbrushes, and more.

12. Phone Calls—There are no land lines in the housing rooms and no pay phones in the residence halls.

13. Pizza for Evening Snacks—Cottage Inn Pizza will be stationed outside West Holmes Hall between 8:30 and 10 p.m. on Wednesday and Thursday to sell:

- Medium pepperoni-and-cheese and cheese-only pizzas (6 slices) for \$6 each
- Garlic cheese bread (12 pieces) for \$6 each

You can order other menu items from Cottage Inn Pizza at 517-324-4300, from Domino's Pizza at 517-351-7100, or from a different pizza vendor that

offers on-campus delivery. If you don't have access to a phone, you may call in an order from the residence hall front desk phone. The standard tip for pizza delivery is \$1 a pizza. All orders must be placed by 9:30 p.m.

14. Check-Out Procedures & Times—

Check-out is from 6:30 to 8:15 a.m. or from 11 a.m. to 1:30 p.m. on Friday. All rooms are to be vacated by 1:30 p.m.

- Lock your door when leaving the room.
- Place your sheets and towels in the designated bins by the elevator on your floor.
- Turn in your key and conference card to your lead chaperone. You'll be billed \$75 for a missing key and \$10 for a missing card.
- If you need to wait for a ride, check out and wait in the lobby area of your residence hall. Residence halls will be closed and locked at 2 p.m.

15. Conduct Policy Reminder—You agreed to abide by a code of conduct when you enrolled in 4-H, and to abide by the event rules when you registered. Both the code of conduct and the event rules are available in 4-H Explorations Days Headquarters in the West Holmes Hall Lounge. Several key points follow: Theft, vandalism, the use of alcohol and illegal drugs, and leaving the premises (except for session field trips) are not permitted. Violators will immediately be sent home at their own expense and may not be allowed to attend future 4-H Exploration Days. Those engaged in illegal activities will be turned over to the proper authorities. Repair costs for property damage will be billed to the group or individual responsible for it.



2023 4-H EXPLORATION DAYS

Plan now to attend the next
4-H Exploration Days from
June 21 to 23, 2023!



NOTES & AUTOGRAPHS

NOTES & AUTOGRAPHS

Emergency Procedures

If you spot a FIRE:

1. Set off an alarm.
2. Call **911** or inform the hall reception desk and report the location of the fire.
3. Leave the building calmly and quietly. **Do not** use the elevator. (Conference assistants will direct the evacuation.)
4. Once you reach a safe place, notify 4-H Exploration Days Headquarters at 517-432-2635.

NOTE: The silver decal on the back of your housing room door gives more information on fire procedures.

If there is a TORNADO:

You will hear a steady signal of varying volume. That warning signal means **TAKE COVER NOW!**

5. Move to an interior hallway with no windows or other hazards.
6. Stay under cover until the “all clear” signal is given.

If you have an EMERGENCY SITUATION:

Call or text 4-H Exploration Days Headquarters at 517-432-2635 from 7 a.m. to midnight on Wednesday and Thursday and from 7 a.m. to 2:30 p.m. on Friday. If you need help during the night, call the West Holmes Hall desk receptionist at 517-353-6360, who will connect you with the event director.

MICHIGAN STATE UNIVERSITY | Extension

Michigan 4-H Youth Development programs involve volunteers in providing positive, experiential, educational opportunities for and with youth. Our mission is to create environments, through collaboration, that build strong, healthy youth who are proactive in a complex and changing world.

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